Deltaplan dementia (summary)

The cooperative Deltaplan for Dementia is the Dutch national platform to address and manage the growing problem of dementia. Together with our member organisations in the field of science, research, healthcare institutions, patient organisation, healthcare insurance, education and business, we aim for better lives for people with dementia and their families and to create a barrier against the effects of dementia.

Deriving its name from the Dutch water works that protects a large area of land from the sea, Deltaplan dementia works closely together with private and public members based on three important pillars; research, healthcare and a dementia friendly society.

Next to our national strategy Deltaplan Dementia aims to focus on international collaboration. As a cooperation we strongly believe in international collaboration to tackle this world-wide challenge and growing problem.

Deltaplan Dementia:

- is an eight-year programme (2013 – 2020)
- of 85 million euros so far
- has a special dementia research and innovation programme, currently working on over 80 different research projects
- aims to focus on Improvement of Health Care to ensure that patients of today can continue to live at home as long as possible, supported by appropriate professional and informal care
- also aims to stimulate a society that is more dementia friendly

WHAT WE AIM FOR

Why a Deltaplan for dementia?

Dementia is a major socio-economic challenge for our society. Due to an ageing population, the number of patients will grow exponentially in the coming years. In the Netherlands, dementia is the most expensive disease, accounting for more than 5% of the entire healthcare budget.

This challenge not only concerns the lives of people with dementia and their families, but also the healthcare and society as a whole. How can people with dementia continue their normal lives, stay at home as long as possible and maintain their
independence? How do we organise care and support the family? How do we keep healthcare affordable? How can we work on the prevention, delay or cure of dementia? Can we force breakthroughs?

As a cooperative we believe in the strength of collaboration. We can bring together knowledge and expertise and therefore make the difference and achieve our goals. As a unique collaboration between the public and private sector, the implementation of our pillars of research, care enhancement and a dementia friendly society is strongly enhanced by the expertise and background of our members.

**WHERE WE ARE**

**Prevention and cure of dementia**
Scientific research is essential to be able to prevent or cure dementia. The Deltaplan for dementia facilitates cutting-edge research that will give us a better understanding of how dementia occurs and how to prevent it, as well as points of action for diagnosis and treatment. Also, it facilitates the development and implementation of effective and workable tools, interventions, care models, and innovations designed to improve the quality of life, as well as the quality and efficiency of integrated care and support, for people with dementia and their carers.

‘Memorabel’ is the research programme of the Deltaplan for dementia. The Netherlands participates in the European Joint Programme Neurodegenerative Disease Research (JPND) in the context of the research and innovation programme ‘Memorabel’. In cooperation with the Dutch government, health care organisations, companies, and researchers, aim to fund excellent research that focuses on four themes: Cause and mechanism of the disease; Diagnosis; Treatment and prevention; Efficient care and support. Currently about 80 researchers are active within this programme.

The four themes mentioned above are based on the research agendas of the Dutch Alzheimer’s Society, the JPND, and the needs and wishes of people with dementia and their carers, scientists, and healthcare professionals. ZonMw, the Netherlands Organisation for Health Research and Development, carries out the research programme Memorabel: [https://www.zonmw.nl/en/research-and-results/the-elderly/programmas/programme-detail/memorabel/](https://www.zonmw.nl/en/research-and-results/the-elderly/programmas/programme-detail/memorabel/)

**WHERE WE ARE**

**Improving healthcare for people with dementia**
People with dementia require care that fits their specific needs. One of the aims of the Deltaplan for dementia is to improve the
quality of dementia care, by ensuring that people with the disease can continue to live at home as long as possible, supported by appropriate professional and informal care.

The programme ‘Dementiezorg voor elkaar’ is created to better respond to the needs of people with dementia and should lead to better care, support and improvement of the living environment of people with dementia and their families. Together with professionals and experts in dementia care we developed a special database with evidence-based recommendations and information to continue to live longersafely and longer at home. The program is supporting health care organisations and professionals and was launched recently on March 1st. ‘Dementiezorg voor elkaar’ is run by a consortium of centres of expertise led by Vilans.

On www.dementiezorgvoorelkaar.nl professionals find information about the program and applications support partnerships to implement improvements in practice. During the program, the site is supplemented with tools, tips, methods, background articles, case studies and other tools to provide personalised and comprehensive care and support. Professionals who have good examples are invited to share cases with each other.

Deltaplan Dementia is also working on an ‘Actieplan Casemanagement’, an improvement programme to optimise the quality of dementia care, especially the role of case-management care.

The project ‘Samen op weg’ helps to improve care and support for people with dementia and their families with a focus on funding and organisational questions and the role of health insurers. The project is developed and implemented under the responsibility of Health Insurers in the Netherlands.

WHERE WE ARE

Creating a dementia friendly society
We believe there is a need for a society in which people with dementia are heard. That is why it is very important to increase understanding of the disease. The programme ‘Samen dementievriendelijk’, inspired by other foreign dementia projects, is an initiative that will help our society to learn more about dementia and the small ways one can help people with dementia and their carers. Within this program different health related companies will be able to offer dementia related products and services. Individuals can become a ‘dementia friend’ by registering on a special website. They will be able to do an online course where they learn to identify common dementia-related behaviours and their causes, and how to respond to them.
WHO WE ARE

Members
The Deltaplan for dementia wants to make a difference for people with dementia and their families. That will only succeed if we work together. So far almost 60 large and small organisations from healthcare, education, science, public and professional services are contributing from their own commitment, expertise and background. Together, we are the cooperative Deltaplan for dementia, a non-profit network organisation. All members actively support the goals of the Deltaplan for dementia, and use their own knowledge, expertise, and network to work towards them.

Board
The Board is responsible for the execution of the Deltaplan for dementia, building support networks, and engaging new members. The Members of the Board act in their personal capacity. All members have extensive knowledge and experience in the field of (dementia) care and research.

JOIN US

The more organisations that join the Deltaplan for dementia, the more we can do to solve the dementia challenge. By bringing together our knowledge and expertise, we will have the strength to reach our goals and make a difference for people with dementia and their families. There are many ways in which you can support us in the fight against dementia. Is your organisation involved in dementia research or healthcare in The Netherlands? Join the Deltaplan for dementia today and help us make the difference. If you want more information about the Deltaplan for dementia, please contact us.

E  info@deltaplandementie.nl
T  +31 33 303 26 80

Please use the contact form if you wish to become a member, or if you have any queries, suggestions, or comments. We will respond to your query as soon as possible.
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