



LYNTARA QUIRKE

***HOW CAN RESEARCHERS AND CONSUMERS
WORK TOGETHER TO ACHIEVE POSITIVE
OUTCOMES THROUGH A RESEARCH PROGRAM
TO OPTIMIZE MEDICATION USE IN PEOPLE
WITH DEMENTIA?***

CONSUMER INVOLVEMENT IN RESEARCH



Consumers as research partners.....

- Share experiences and personal stories;
- Enrich the research;
- Review proposals, review research information and publications, recommend consumers with special interests





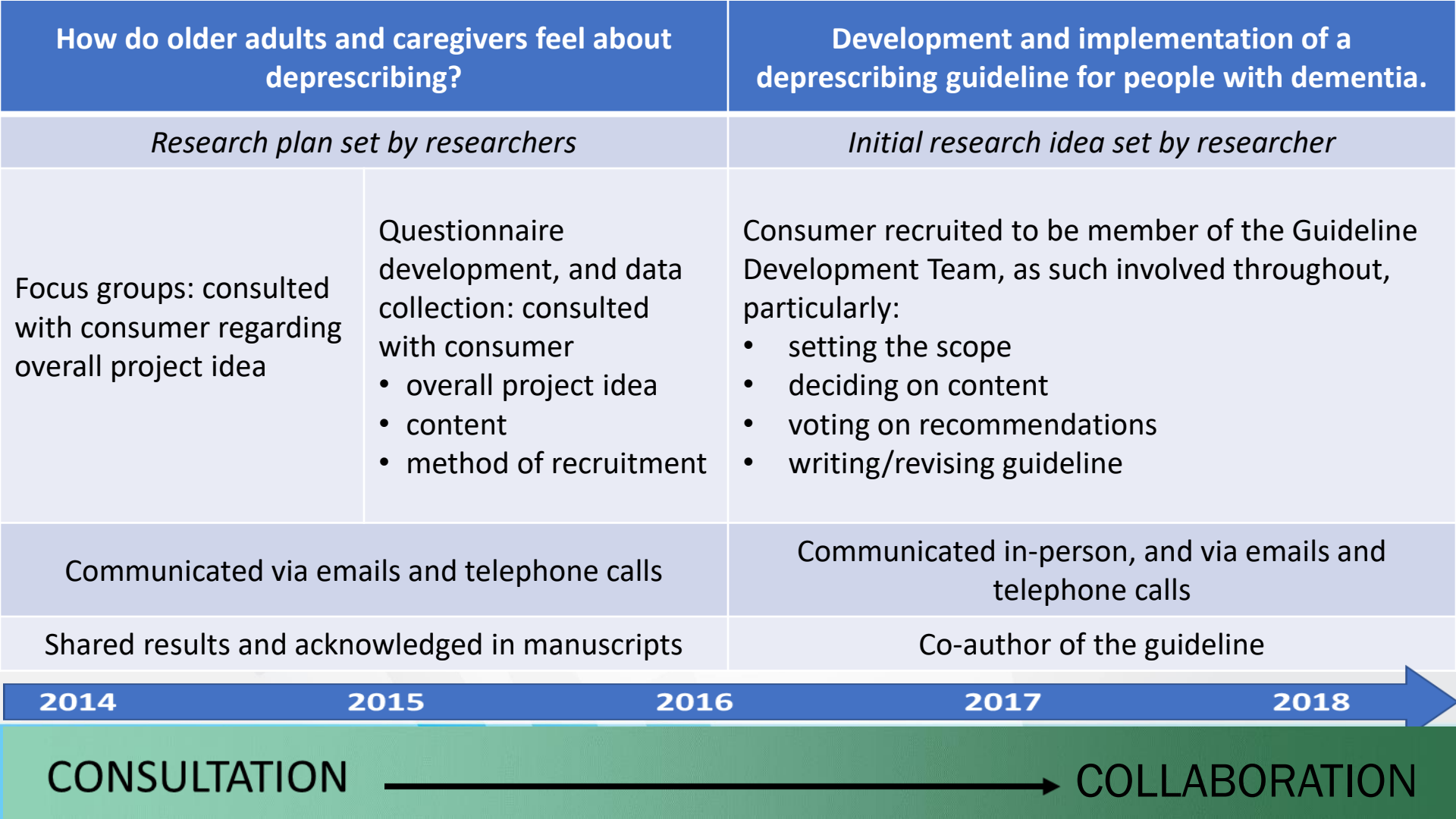
Jim Collins

11/10/1928 – 1/5/2011

Diagnosed with
Alzheimer's aged 68.

CDPC ACTIVITY 11: OPTIMISING THE QUALITY USE OF MEDICINES FOR PEOPLE WITH COGNITIVE AND RELATED FUNCTIONAL DECLINE

**PROF SARAH HILMER: LEAD INVESTIGATOR AT THE UNIVERSITY OF SYDNEY
EMILY REEVE: POSTDOCTORAL ASSOCIATE ON THIS ACTIVITY 2014-2015, NHMRC-ARC
RESEARCH DEVELOPMENT FELLOW 2016-ONGOING (CONTINUED AFFILIATED WITH THE CDPC)**



RELATIONSHIP BUILDING

2014

2015

2016

2017

2018

CONSULTATION

COLLABORATION

RESEARCHER'S PERSPECTIVE

Benefits

- Increased trust/likelihood of funding
- Increased relevance of research → increased translation into practice
- More robust research, e.g. enhanced recruitment
- Satisfaction

Challenges

- Time – to build relationship, get feedback/approval etc
- Location
- Not familiar, no clear 'method'

Overall

- "We benefited from having an 'experienced consumer' "
- Continuing to improve and evolve the relationship
- Hope for more guidance and support in the future



Tips for involving consumers as research partners....

- Involve consumers from the beginning – not tokenistic
- Allow for consumers in your budget - if face to face involvement you may have to budget for at least two consumers
- Provide information to consumers in a timely way
- Consider the timing of meetings
- Consider dementia friendly meetings

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Thank you