Spiritual Contentment with Palliation
Considerations for persons with dementia

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Overview

- Service delivery within aged care is changing
- New focus on person centered care and spirituality
- Spiritual assessment and care planning
- Our story - the multidisciplinary team
Person centered care and spirituality

- Transformational approach
- Spiritual, emotional and psychological focus
- Client centric
Ultimately meaning in life is central to who we are as individuals. It includes finding intimacy with the concept of God and people around us. It transcends loss and disability and focuses on finding meaning and hope within our everyday existence.

Mackinley: 2001
Spirituality and ageing
Challenges of ageing and residential care

- Loss (loss of independence, concept of home, choice, hope)
- Loneliness
- Change
- Illness
- Identity (socially, emotionally, physically, psychologically, spiritual)

"The ageing journey involves spiritual work in order to have hope, develop maturity leading to wisdom and find meaning of life.

Nouwen and Gaffney: 1976"
The task ahead for an ageing society is for all disciplines to work together, seeking a greater understanding of the psychological, spiritual and faith elements that make up the whole person.

Salt:2012
Our story – domain 1

- Client centric assessment
- Key 2 Me – allowing our residents to express their life’s journey
- This assessment results in ‘My Story’ – the first domain of the care plan
Our story – domain 2

The second stage is:

- The Spiritual Care Planning Assessment

This produces the client’s:

- Spirituality objectives
Thank You
Any Questions?