DEVELOPERS AND FOUNDERS OF TATAMURI® METHOD

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Words are forgotten - they have disappeared

Emotions and feelings are still alive and need to be expressed and shared
TATAMURI®

Art and Narratives Side-by-Side

with Memory Disordered Persons
TATAMURI®

A practice

An approach of Group Art Therapy

Based on Clinical Experience

Registered method by Finnish Authorities
Involves a family member, a loved one sharing a history

To reach patients’ core person

To help enable self-expression & communication

Working side-by-side; creating art and narratives

To re-connect with family members again
4 years
960 encounters
Observations on the Patients

Moments of clarity

Words and speech can come back

Narratives are expressed and shared

Identity is strengthened by making choices & art

Social skills are supported

Being part of a group gives meaning

Activity level rises by participating, creating, sharing

Hand co-ordination is maintained
Observations on the Family Members

Genuine and authentic connection is possible again

Obligation and duty turns into meaningful activity

Peer support gives strength and joy

Art making is therapeutic

Life quality is improved
Observations on the Therapists

Accepting ‘not knowing’ - anything can happen

Being present at the moment, open and responsive, genuinely interested

Giving yourself - gaze, smile, touch, posture