John Sandblom

10 years after a dementia diagnosis
One person’s story

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Dementia is an umbrella term that describes a collection of symptoms that are caused by disorders affecting the brain. It is not one specific disease. Dementia affects thinking, behaviour and the ability to perform everyday tasks, and brain function is affected enough to interfere with the person's normal social or working life. The most common type of dementia is Alzheimer's disease.

**Alzheimer's Disease**
Alzheimer's disease is the most common type of dementia accounting for approximately 40-70% of all dementias.

**Vascular Dementias**
Vascular dementia is the second most common type of dementia, accounting for approximately 15-25% of all dementias.

**Lewy Body Dementia**
Lewy Body dementia accounts for approximately 2-20% of all dementias.

**Fronto Temporal Dementias**
Fronto Temporal Dementia accounts for approximately 2-4% of all dementia.

**Other Dementias**
Include dementia associated with Parkinson's disease, Huntington's disease, head trauma, human immunodeficiency virus (HIV), alcohol related dementia, Creutzfeldt-Jakob Disease, corticobasal degeneration and progressive supranuclear palsy.

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“Day at the Hill” Advocacy event in 2012 at Iowa State Capitol
Spoke to participants of 2010 Walk to End Alzheimer’s in Des Moines, Iowa about the importance of Advocacy.

Talking with Senator Harkin in 2014 on the hill.

Alzheimer’s Association National Forum 2014

Advocacy day at Iowa state legislature in 2013.
Iowa advocates at 2012 Alzheimer’s Assoc. National Forum
PEOPLE WITH DEMENTIA HAVE LED THE DEMAND FOR A HUMAN RIGHTS APPROACH TO DEMENTIA INCLUDING ACCESSING OUR RIGHTS UNDER THE CONVENTION OF THE RIGHTS OF PERSONS WITH DISABILITIES

Managing the symptoms of dementia as disAbilities will potentially reduce the economic burden and reduce the human cost of dementia globally; EVERY other person living with a disAbility receives this support.

It is a basic human right.
Dementia Language Guidelines

SEE THE PERSON
NOT THE DEMENTIA

A Support & Advocacy group, of by and for people with dementia

- Exclusive membership
- Weekly online support groups
- 24/7 chat rooms
- Monthly online cafes
- Monthly webinars
- Master classes

http://www.infodai.org
http://www.joindai.org