People Affected by Dementia Programme

Elizabeth Morrison
Programme and Funding Manager
Life Changes Trust

www.lifechangestrust.org.uk
@lifechangestrst
The Life Changes Trust

• Established by the Big Lottery Fund Scotland in 2013 with the aim of **strategically** investing £50 million over a ten-year period.

• **Transformational** and **sustainable** change for people affected by dementia and care experienced young people.
“People affected by dementia”

• Any person living with any type of dementia, in any setting, in Scotland

• Any unpaid carer of a person living with dementia in Scotland
Dementia Friendly Communities (1)

• ‘Community’ – described as places AND people

• ‘Community’ – geographical locations AND communities of interest

• ‘Friendly’ – “not hostile, not leaving me out”
Dementia Friendly Communities (2)

• Open call – anyone can apply

• Community-led, grassroots approach

• Looking for principles that all dementia friendly communities should aspire to rather than a set of rules or ONE way of doing things.
Dementia Friendly Communities (3)

• 14 funded projects ranged from DFCs that cover entire geographical areas to smaller, bespoke projects.

• Communities of interest – football club, theatre, the arts, sport and walking outdoors

• Many different ways of making communities dementia friendly and keeping people with dementia and carers INCLUDED
Dementia Friendly Communities in Scotland Report 2 - The First Year

This second report has been compiled using evidence gathered from the first year's monitoring and evaluation reports of the Trust funded dementia friendly communities.

Download Dementia Friendly Communities in Scotland Report 2 - The First Year

Dementia Friendly Communities Report 1 - The First Six Months

This first report has been compiled using evidence gathered from the first six months monitoring and evaluation reports of the Trust funded dementia friendly communities.

Download Dementia Friendly Communities Report 1 - The First Six Months
What have we learned? (1)

It is about the MISSION more than the MODEL
What have we learned? (2)

Principles for DFCs in Scotland

• A social model, not a medical model
• People with dementia and carers are at the very heart
• They have a significant say in how the DFC is run
• They remain included in their geographical community and/or community of interest
• Awareness raising, e.g. Dementia Friends, is helpful but more thorough training is needed
• Training needs to be bespoke for bespoke DFCs
What have we learned? (3)

Principles for DFCs in Scotland (cont.)

• DFCs are intergenerational
• DFCs enable people living with dementia and carers to do the things that matter to them
• By BEING a visible community, awareness about dementia is raised in the wider community
• All of the DFCs meet together regularly to learn from each other
• DFCs mentor new DFCs, who mentor new DFCs, who mentor new DFCs...
What are we aiming for?

A dementia friendly Scotland