4.9 MILLION OF
9 MILLION OF PURA VIDA PEOPLE
PURA VIDA

MEANS:
BEING SURROUNDED BY
BEING SURROUNDED BY
BEING SURROUNDED BY
BEING SURROUNDED BY
BEING SURROUNDED BY

95%
25% of our territory
IS PROTECTED
00% IS PROTECTED
80% of the energy produced
IS FROM RENEWABLE RESOURCES
CARBON NEUTRAL COUNTRY BY 2020
NO ARMY
NO ARMY
143 YEARS OF FREE, MANDATORY & PUBLIC EDUCATION
UNIVERSAL & SOLIDARY HEALTH SYSTEM
DEVELOPMENT OF THE ALZHEIMER’S AND OTHER DEMENTIA PLAN IN COSTA RICA

BY NORBEL ROMÁN GARITA
IMPROVING
IMPROVING THE ACCESS TO DIAGNOSIS OF NEUROCOGNITIVE DISEASES AND WAYS OF ATTENTION AND CARE.

10 MEMORY CENTERS.
DEVELOPMENT OF A CONSENSUS IN CENTRAL AMERICA.
DEVELOPMENT OF ATTENTION PROTOCOLS.
DEVELOPMENT OF ATTENTION GUIDES.
INTERNATIONAL TRAINING IN CENTRAL AMERICA.
STRENGTHENING
STRENGTHENING THE COORDINATION AMONG SOCIAL ACTORS.

- International meetings with ADI and COMCAEDA.
- ASCATE, ASCADA.
- Integration to COMCAEDA.
- Integration of actions in the care network.
- Development of a pilot plan of the friendly city.
- Future plans of implementing the same in other 80 counties.
MOTIVATING PERSONS WITH NEUROCOGNITIVE DISEASES, AND THEIR FAMILIES, WHEN CHOOSING A HOME AS THE SUPPORTING PLACE.

- INITIATING THE PILOT PLAN FOR SCREENING IN THE FRIENDLY CITY.
- STRENGTHENING THE CARE NETWORKS.
- ELABORATION OF THE “GOLDEN LINE” PROJECT.
INCREASING
INCREASING SUPPORT TO ASSISTING PERSONNEL AND CARETAKERS.

- Developing ASCADA, and other organizations.
- Developing the “House of Caretakers” project.
- Congress of Caretakers.
- Programs for governmental caretakers.
- Training programs at the universities (UNED, INA, private).
- Pilot plan of appointments of caretakers in the Friendly City.
- Developing guides for the caretakers.
IMPROVING
IMPROVING
IMPROVING THE QUALITY OF ATTENTION AND CARE IN SHELTERING HOMES.

DEVELOPING MEETINGS AT DAYCARE CENTERS AND SHELTERING HOMES.

WORKING TOGETHER WITH FECRUNAPA.

DEVELOPING NEW MEMORY CENTERS.

DEVELOPING CONSENSUS AND SPECIFIC GUIDES IN CENTRAL AMERICA.
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<td>PROMOTING</td>
<td>ESTABLISHING</td>
<td>FOCUSING</td>
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</table>
TO IMPLEMENT TRAINING FOR HEALTH PROFESSIONALS.

- Meetings with UNIRE, and public and private universities.
- To develop specialization courses.
- To promote workshops, congresses, and symposiums.
RESEARCH
PROMOTING RESEARCH.

Acceptance of the 10/66 study, of the National Council of Health Research.

Inclusion of the 10/66 study in the actions and policies of mental health.

To begin with the study programs and degrees of associate, master’s, and pre-graduate.

Inclusion of the priorities at the Ministry of Science for further support.

The “Diego Trejos” award.
MOTIVATING  INCREASING  RESEARCH  STRENGTHENING  IMPROVING

IMPLEMENT  IMPROVING  PROMOTING  ESTABLISHING  FOCUSING
PROMOTING
PROMOTING GENERAL INFORMATION AND SOCIAL AWARENESS.

RESOLUTION OF COMISCA. DEMENTIA AS A MENTAL HEALTH PRIORITY.

DECLARING THE CONGRESS A MATTER OF NATIONAL INTEREST.

NATIONAL PARTICIPATION.

DEVELOPING OF MEMORY CENTERS.
PROMOTING AND FOCUSING ON THE AWARENESS OF HUMAN RIGHTS.

- APPROVAL OF THE LAW FOR PERSONAL AUTONOMY OF DISABLED PEOPLE.
- APPROVAL OF THE LAW WHICH RATIFIES THE INTER-AMERICAN CONVENTION FOR THE PROTECTION OF HUMAN RIGHTS.
- TO BEGIN THE PROCESS OF PROVINCIAL RATIFICATION.
- PRESENTATION OF THESE SUBJECTS AT THE IBEROAMERICAN CONGRESS.
ESTABLISHING
ESTABLISHING ALZHEIMER’S DISEASE AND RELATED DEMENTIA AS A PRIORITY IN THIS COUNTRY AND IN THE CENTRAL AMERICAN REGION.

DEVELOPING FRIENDLY CITIES.
CONSOLIDATION OF THE ALZHEIMER’S ASSOCIATION.
INCORPORATING THE SUBJECT OF HEALTH PROGRAMS.
The Two Resolutions of Comisca.
Development of the Four Consensus of Comcaeda.
Support to Researchers.
CURRENT STATUS OF ADVANCE:
65%