Dementia in Scotland
A human rights based approach

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Making sure nobody faces dementia alone.
Drivers for change

- More than 70% of people no adequate life story record.
- Reviews of care rarely involved person with dementia or other professionals.
- 50% never been outside the care home.
Drivers for change

- Medication used to ‘manage’ stress and distressed behaviour.
- GP’s prescribing medication without seeing the person.
- Staff did not understand legal safeguards in place.
Human rights principles and values

Charter of Rights
for People with Dementia and their Carers in Scotland

Stepping out of the shadows

Alzheimer Scotland
Scotland’s National Dementia Strategy, Scottish Government, 2010

• Post-diagnostic support and information

• Care in general hospitals including alternatives to admission

Keeping Well, Prevention and Finding out its Dementia

Living Well with Dementia

Living Well with increasing help and support

End of Life and Dying Well
Dementia in Scotland

1 year post diagnostic support GUARANTEED

Exclusive Nicola Sturgeon explains this world first commitment
The partners

- Scottish Dementia Working Group
- Scottish Government
- Alzheimer Scotland
- Mental Welfare Commission for Scotland
- NHS Education for Scotland
- Scottish Social Services Council
- Scottish Social Services Council
- Healthier Scotland
- National Dementia Carers Action Network
- Health Improvement Scotland/Focus on dementia
- Dementia Nurse Consultants and Allied Health Professionals
- Dementia Champions
Dementia Champions
Alzheimer Scotland Dementia Nurse Consultants

Shifting the paradigm together:
Alzheimer Scotland Dementia Nurse Consultants and Allied Health Professional Consultants

Annual review 2014–15
getting to know me

This information will help staff to support you. It will help us get to know you, understand who and what is important to you, and how you like things to be.

We invite you, your family, friends and carers to complete this information with as much detail as you want to share with us.

Please ask a member of staff if you need any help to complete this information.

**my name:** my full name & the name I prefer to be called

**the person who knows me best:**

**home, family & things that are important to me:**
your family, friends, pets or things about home

**I would like you to know:**
anything that will help the staff get to know you, perhaps things that help you relax or upset you

**my life so far:** this may include your previous or present employment, interests, hobbies, important dates & events
Dementia Care Actions in Hospital

1. Identify a leadership structure within NHS Boards to drive and monitor improvements
2. Develop the workforce in line with Promoting Excellence
3. Plan and prepare for admission and discharge
4. Develop and embed person-centred assessment and care planning
5. Promote a rights-based and anti-discriminatory culture
6. Develop a safe and therapeutic environment
7. Use evidence-based screening and assessment tools for diagnosis
8. Work as equal partners with families, friends and carers
9. Minimise and respond appropriately to stress and distress
10. Evidence the impact of changes against patient experience and outcomes

NHS SCOTLAND
National Dementia Strategy 2013-16

Key Outcomes

– More people with dementia living a good quality life at home for longer
– Dementia-enabled and dementia-friendly local communities
– Timely, accurate diagnosis
– Better post-diagnostic support
Key outcomes…

– People with dementia and their families and carers as equal partners in care
– Better respect and promotion of rights in all settings, with improved compliance with the legal requirements in treatment
– People with dementia in hospitals or other institutional settings always being treated with dignity and respect
Key documents

- Promoting Excellence (2011) - a framework for health and social services staff working with people with dementia, their families and carers  [http://www.scotland.gov.uk/Publications/2011/05/31085332/0](http://www.scotland.gov.uk/Publications/2011/05/31085332/0)
- Standards of Care for Dementia in Scotland (2011)  [http://www.scotland.gov.uk/ Publications/2011/05/31085414/0](http://www.scotland.gov.uk/ Publications/2011/05/31085414/0)
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