Empowering People with Dementia through Online Support Groups: *DAI*

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*ADI 2016 Budapest*
My Dementia Story:

• **Eileen Taylor:**
  
  • Live in Brisbane with Husband of 46 years (Flash Drive – Doug);
  
  • Two Married adults sons, with Five grandkids.
  
  • Diagnosed with Familial Younger Onset Dementia in 2009.
  
  • My diagnosis *reactions...*
My Dementia Story:

- Genetic Test and Diagnosis fAD 2009
- PCH Research Trial # 1 Nov 2009 S38093
- PCH Research Trial # 2 Nov 2010 LZAN
- PCH Research Trial # 3 May 2012 Eli Lilly
- Present Solanezumab

May 10, 2016 DAI Budapest ADI 2016
Dementia Alliance International (DAI):

- Peak body for people living with dementia;
- History of only 2 years – 1500 members worldwide;
- It is an Advocacy and Support Group;
- DAI Vision is to eradicate:
  - Stigma;
  - Isolation;
  - Discrimination; and
  - Enforce human rights for people with dementia.
DAI Vision:

• "A world where a person with dementia continues to be fully valued."
Support Groups:

- People in stressful circumstances often turn to support groups.

These groups are in:

- Australia,
- UK,
- USA,
- Canada, and now
- Nigeria.
**DAI Online Support Group:**

- Usually 90 minutes;
- Understanding and emotional support;
- Personal experiences;
- Social comparisons;
- Helper “Therapy” Principles; and
- No Medical advice is given; and
- Plans are being made to expand the groups.
DAI Online Support:

- "All that is needed is a computer or tablet with an internet connection, camera and speaker as well as a downloaded program called Zoom and people can meet together face to face online".

- Mick Carmody – Australian DAI Online Support Facilitator
**DAI Expanding Digital Online Services:**

- Weekly Online Support Groups
- *Cafe Le Brain*
  - Online Memory Cafe
- Weekly Blog
- Online Master Classes
- YouTube Channel
- Meeting of the Minds Webinars
- Newsletter
- Facebook

**Support**

May 10, 2016
DAI Dementia Friendly Campaign:

• Focus on:
  • Advocacy;
  • Education;
  • Improving quality of life;
  • Living well with dementia; and
  • World Wide.
Conclusion:

• **DAI** is an empowering experience!

Thank You...
Conclusion / Resources:

- We invite those with Dementia to join DAI’s growing global community – check out www.joindai.org
- Email us at: info@infodai.org
- www.facebook.com/DementiaAllianceInternational
- twitter@DementiaAlliance

Support and Advocacy: Of, by and for People with Dementia
Questions and Answers: