

# A.L.M.A

## Asociación Lucha contra el Mal de Alzheimer y Alteraciones Semejantes





A.L.M.A. Asociación Lucha contra el Mal de Alzheimer  
y alteraciones semejantes de la República Argentina en

Nuevo  
Lugar!

**ALIBI**

**BAR**

J.A. Cabrera 4667, casi esq. Malabia (ex LALO's Bar)

Te esperamos en nuestro

**“Café con A.L.M.A.”**

“Declarado de Interés para las Ciencias Médicas por la Legislatura de la Ciudad de Buenos Aires”

El próximo Café es el miércoles 16 de Septiembre 17 hs.  
**INSCRIBIRSE CON ANTICIPACIÓN**

*con tu familiar, amigo o amiga,  
para charlar sobre lo que te interesa,  
compartir juntos información  
y música con un rico café*



Invita A.L.M.A.  
[www.alma-alzheimer.org.ar](http://www.alma-alzheimer.org.ar)  
Tel.: 4671-1187 4674-4357

Inscripción e informes:  
[cafe@alma-alzheimer.org.ar](mailto:cafe@alma-alzheimer.org.ar)

Auspicia este “Café con A.L.M.A.”

**Siempre**

**the**  
**Rozz**  
NESTO BAR



**Information and entertainment**

**In a friendly and pleasant environment**

**We receive**

**The Wellcome**











**To inform and To learn**







**The Coffee break  
to share experiences an Talk**







**At the end musicians,**

**dance,**

**choirs,**

**singers**







## **Percentages out of the remarks from companions/family carers.**

### **➤ First part of the Meeting: Information from a professional**

**77,5 % Interact with their companions, talk to others, or both**

**65 % Pay attention to what is being said or listens**

**20 % Their companions report that they have lost touch with that moment**

### **➤ Second part: Sharing coffee at the table**

**60 % Interact with their companions and others, or both:**

➤ **Third part: Entertainment (musicians, singers, choirs)**

**42 % Dance**

**42,5 % Sing**

**57 % Interact with their companions and others, or both**

**62,5 % Accompany from their chairs with body movements**

**62.5 % Talk about what is happening**

**100 % Applaud**

➤ **The companions see that, once the meetings are over, the affected person leaves the café:**

**35 % More cheerful**

**40 % Cheerful**

**55 % In a better mood**

**75 % In better spirits upon leaving**

**The videos make it possible to see how in meetings, listening to music, and dancing unblock brain areas whose musical memory unfolds at that particular moment, especially in people with greater impairment.**



