

Educating the Youth: Enabling Students to Engage with Persons with Dementia through volunteering in a catering school.

by
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Alzheimer Café

Tatabánya

- Tatabánya is a town of 80,000 people.
- Lack of knowledge about dementia.
- There is no day care centre.

Teaching restaurant



The benefits of collaboration

- 1) Providing support for people with dementia and their carers.
- 2) Educating young people who will work in:
 - Catering jobs.
 - Shop assistant, etc.
 - Tourism business

About the Students

- Catering School has 650 full-time students.
- 50 hours compulsory community work.
- Several organisations to choose from.
- 30 students were interested in helping for us.
- 6 students per gathering plus 1 teacher.

Teaching restaurant



Student Survey

25 questioners were handed out and 13 returned.
7 men and 6 women

1) Have you heard of Alzheimer's disease or any other type of dementia before you signed up for volunteering in the Alzheimer Café?

YES – 10 **NO – 3**

2) Did you have a chance to learn something about dementia whilst volunteering in the Alzheimer Café?

YES – 12 **NO – 1**

Student Survey

3) Do you have a family member or acquaintance who lives with Alzheimer's disease or any other type of dementia?

YES – 4

NO – 9

4) Did you talk to your parents about the Alzheimer Café and what you have experienced whilst volunteering there?

YES – 12

NO – 1

Costs

- Venue is free.
- Tea, coffee and nibbles the ingredients have to be paid for – about 15 €.
- Financial help from a member of local government.



Thank you.

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