Nessita

Tenderness and sensual proximity are basic human needs and basic human rights, a source of happiness, a source of health.
Tenderness and sensual proximity

- are basic human needs
- are basic human rights
- are a source of happiness
- are a source of health

There still is a lot of stigma regarding sex and old age
Nessita

- offers erotic services to old and immobile people
- offers counseling and coaching to care staff
- is tackling stigma and helping to promote societal change
- is the first platform of its kind in Germany and beyond

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Nessita - Gabriele Paulsen
Sexual assistance

- provides tenderness, physical touch and sexual stimulation
- does not include penetrative and oral sex
- can be a solution for immobile old people
- is legal
Ethical committee

- is appointed when personal consent is impossible to get
- discusses with Nessita the option of sexual assistance
- may consist of family, legal representative, doctor and care staff
Conclusion

Sexuality is a human need. Access to it is a human right. Many old people’s needs are not met because of stigma. Sexual assistance is one solution. Nessita is the first portal of its kind in Germany and beyond.
Nessita

Tenderness and sensual proximity are basic human needs - basic human rights - a source of happiness - a source of health

Nessita GmbH
Hamburg, Germany
Gabriele Paulsen
www.nessita.de
info@nessita.de