



neszita
EROTIK IM ALTER

Tenderness and sensual proximity

- are basic human needs
- are basic human rights
- are a source of happiness
- are a source of health

There still is a lot of stigma regarding sex and old age

Nessita

- offers erotic services to old and immobile people
- offers counseling and coaching to care staff
- is tackling stigma and helping to promote societal change
- is the first platform of its kind in Germany and beyond

Sexual assistance

- provides tenderness, physical touch and sexual stimulation
- does not include penetrative and oral sex
- can be a solution for immobile old people
- is legal

Ethical committee

- is appointed when personal consent is impossible to get
- discusses with **Nessita** the option of sexual assistance
- may consist of family, legal representative, doctor and care staff


Conclusion

Sexuality is a human need.
Access to it is a human right.

Many old people's needs are
not met because of stigma.

Sexual assistance is one solution.

Nessita is the first portal of its kind
in Germany and beyond

A close-up, intimate photograph of a man and a woman kissing. The man's nose and mustache are visible in the foreground, and the woman's lips are pressed against his. The background is softly blurred, showing a white towel or sheet.

Nessita GmbH
Hamburg, Germany

Gabriele Paulsen
www.nessita.de
info@nessita.de

nessita
EROTIK IM ALTER