

Co- Facilitating Dementia Care Education and Learning with a Person with Dementia in an Acute Hospital Setting

ADI 2016 Conference

Jules Knight

Dementia Clinical Nurse Specialist

Dianne Campbell

Living with Dementia Specialist



Imperial College Healthcare NHS Trust provides acute and specialist healthcare for a population of nearly two million people in north west London, and more beyond.

We have five hospitals – Charing Cross, Hammersmith, Queen Charlotte’s & Chelsea, St Mary’s and The Western Eye – as well as a growing number of community services.

The Trust employs over 10,000 staff and the Dementia Care Team have directly trained over 5,000 staff in the last four years and influenced the training programmes for other professionals to ensure that all staff have specialist training in dementia!

- **Corporate Induction for all New Staff**
- **Fundamentals of Care for Healthcare Assistants**
- **Qualified Staff Dementia Study Day**
- **Student Nurse Induction**
- **Foundations of Care for Medical Students**
- **Bespoke Training for Wards, Departments etc**

At the beginning of 2015 we wanted to challenge staff perceptions of dementia so we reviewed all of our training and changed the focus to 'Living Well with Dementia'.

We essentially taught the same things, but we changed our focus by making the training real and meaningful, and we consulted with people with dementia from our local community.

Some of the changes were simple...

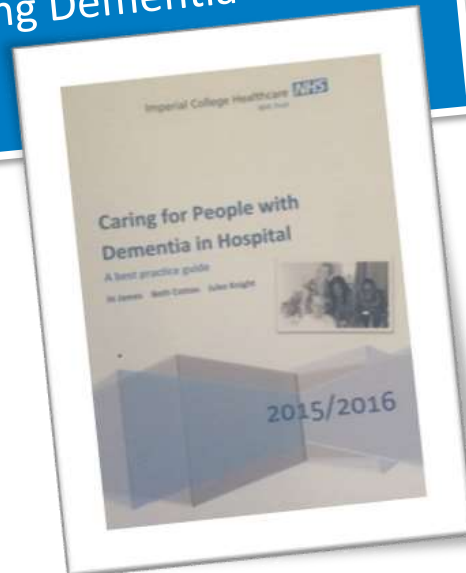


Subjects

What is Dementia
Communication
Responding to Stress in Hospital
Assessment and Management of Pain
Eating & Drinking
Mental Capacity
Diagnosing Dementia

Styles of Teaching

Real Life Scenarios
Case Studies
Group Work
Bespoke Teaching Sessions
Q&A Sessions with Dianne
Films
Letters from Patients



We wrote a book with the support of people living with dementia and this has been published, and this has been given to all the wards and staff attending our education sessions.



‘I’m 77 years of age and I was diagnosed with dementia 4 years ago. I have Alzheimer’s and vascular dementia. I was devastated. I said ‘Who is going to look after me?’ Because that’s what worried me, straight away, I imagined myself being gaga. Like people that don’t know where the kettle is, don’t know where the light switch is, don’t know where anything is’. **Patricia Witherdene**

The Mental Health Foundation Video – Raising Awareness of Living with a Diagnosis of Dementia

<https://www.mentalhealth.org.uk/podcasts-and-videos/raising-awareness-reality-living-dementia>

To Home it may concern
My name is JUNE B. JONES
~~I~~ I am 90 YEARS OLD,
I suffer from ALZHEIMERS
~~Am a gaggle of~~
If I have to stay in HOSPITAL
for something like a BROKEN
~~WATER~~ BONE
HOW COULD I MANAGE?
WHO WOULD HELP ME??
WITH MY LACK OF MEMORY and
MY LACK OF UNDERSTANDING
How would I know how to
CALL A NURSE IN EXPLAN
MY TROUBLE? FOR MY FIRST TIME
I HOSPITAL I WOULD BE VERY
FRITATED. PLEASE
PLEASE MY DAUGHTER
STAY WITH ME

Imperial College Healthcare 
NHS Trust

I am a carer

I am the main carer for this patient and
this card allows me to visit them
outside of visiting hours



Jules & Dianne met at a local Memory Service

Dianne worked as a Peer Support Worker, in this role she was able to draw on her own experiences of emotional and psychological distress to support other people who were recently diagnosed.

Dianne particularly wanted to engage with staff to break down barriers and stigma about dementia and what it means to live with dementia.

“I feel confident I can take care of patients with dementia much better than before”.

“She is a brave woman, and a good model (to have on the Study Day) for people with dementia”.

“...made me understand that you can live a good life with dementia”.

“I think all Imperial staff should attend the (Study) Day”.

“She (Dianne) is a fantastic woman”.

“The day has changed my perception of people with dementia”.



Exciting News!

Last week we received news that we now have funding from the Imperial College Healthcare Charity to employ Dianne on a part time basis 😊

The Imperial College Dementia Care Team

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