

# The Memory Barometer of Finland 2015

## **“EN ROUTE BUT NOT QUITE THERE”**

- surveying memory care and services in municipalities
- views of municipalities
- the results act as a working tool
- part of the National Memory Programme of Finland

# The National Memory Programme 2012 – 2020

## “Towards Memory Friendly Finland”

- enhancing brain health
- creating correct attitudes
- ensuring quality of life for those with the disease and their near and dear
- strengthening the research

# The aims of The Memory Barometer of Finland 2015

- to present the status of care...
- to assess service trends
- to attach work and activities for memory disorders ...
- to be used as follow-up tool...

# Results

- The development of service trends has been moderately positive
- But on the other hand the results show that reforming the service system towards focus in home care, has failed.

# What should be done?

- Enhancing brain health and the special needs of the people living with memory diseases should be included in the municipal plans
- Identifying and paying attention to the needs of the individuals with memory disorder in the working age

# What should be done?

- Improving the expertise of the professionals in the health centers
- Supporting independent everyday life of the people with memory disease by allowing transportation services
- Increasing immediately formal care during nights and weekends

# What should be done?

- Supporting the informal carers by delivering respite care at home
- Increasing diverse types of service housing in those local areas where this type of care is not available or it is sparse

# What should be done?

- Obtaining national data of the individuals with memory disease who are not receiving any home care or other public services.
- Obtaining feedback of the services



The next Memory Barometer of  
Finland is going to be done 2020

Thank You

