



10-60-6

The Way Forward in Dementia Care

Caroline Baker
Director of Dementia Care
Barchester Healthcare
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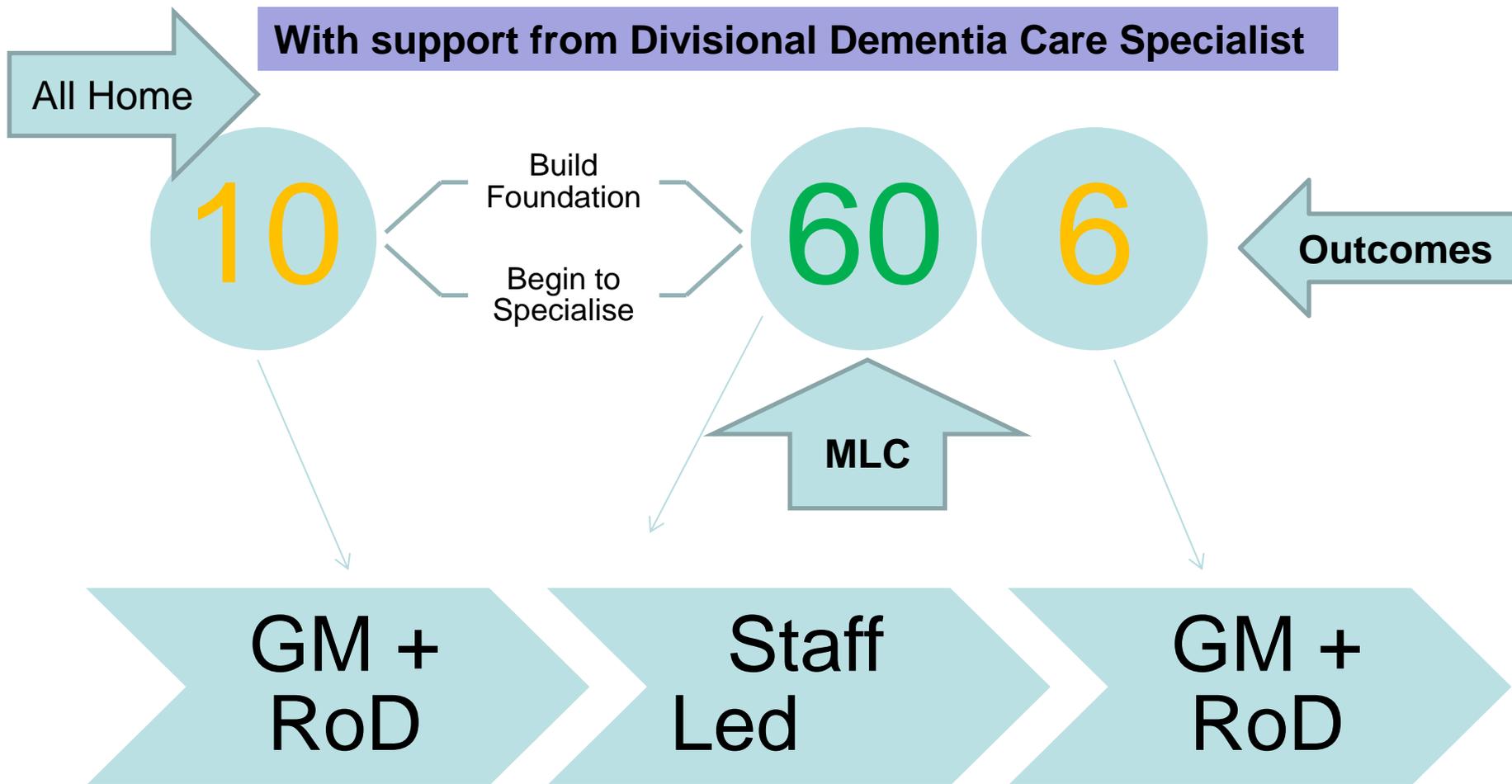
ADI Conference - Budapest



10-60-6 Pilot

- A programme of training, specialist assessment and criteria based on evidence and research based practice
- Underpinned by Powers Seven Domains of Well-being
- September 2015-June 2016

New Memory Lane Concept



The 10 Main Areas are

- Staff Training
- Meaningful Activities
- Involving the Resident and their Family
- An Orientating (and interesting) environment
- Reducing Distress
- Improving Well-being (and preventing admission to hospital)
- Providing help after diagnosis
- Medication (review)
- End of Life
- Legislation



Every criteria will have an explanation as to what we expect



Barchester Healthcare 10-60-6 Standards

The '10' Key Interventions/Practices that must be adopted and achieved at 'Outstanding' Level across the entire home		
Standard	The General Manager of the Care Home ensures that the 10 Key Interventions/Practices are understood and implemented by all staff to ensure consistency of good practice in both the Memory Lane Community and any other unit within the home.	
Rationale	The underpinning criteria apply to all residents regardless of diagnosis but the 'essentials' of care need to be in place before any specialism can ensue	
Evidence Base/Legal/Regulatory Ref	Care Act 2014, CQC 2014, NICE Guidelines, DOH	
Criteria	Outstanding (what do we see?)	Evidence Base/Legal/Regulatory Ref
90% of ALL staff across the home have received person centred care training (including GM)	90% of all staff with the whole home have completed Level 1 Introduction to Dementia. (Person Centred Care, Memory Lane Ethos) Training Matrix Staff have an understanding what PCC means and can provide examples of how they provide this.	Effective & Responsive NDS – Objectives 11 & 13 Effective Effective, Caring & Responsive
All staff within the home have a thorough understanding of things that may constitute abuse and know how to follow Safeguarding procedures	Training Matrix (minimum 85%) updated regularly Safeguarding raised and information cascaded to relevant staff. Medication Reviews Speaking to staff about process of how to raise concerns (Company and local procedures)	Effective NDS – Objective 13 Effective Safe NG 1.1.6 Risk of abuse and neglect - Safe

Each Home on the Pilot

- Dedicated Dementia Specialist support every 4-6 weeks
- 4 Levels of Training
- 76 criteria (joint assessment)
- Specific interventions unique to 2-3 homes
- Standard Operating Procedure for each criteria
- Leads for the 10 Key Themes

Specialists introducing Special Activity

- Daily Sparkle
- Jiminy Wicket
- Oomph
- REmindMe
- Individual Playlists
- Namaste
- Digital Plasma Themed shows
- Memory Café
- Care Experience Training
- CAREFUL Observational Tool



Specialist Assessment Tools

- **PAINAD** (New to Company)
- **DECIDE** (Developed by Team)
- **Cornell** (New in some Units)
- **Activity Assessment** (Developed by Team)
- **Functional Behaviour Profile**



Some of the things we will use to measure the pilot

Clinical Tools

- Pain Ad
- CAREFUL Observational Tool
- DECIDE
- Bradford Wellbeing Tool
- Cornell Depression Scale
- Medication Use
- Clinical Governance (Falls, Staff Assaults etc)

Non Clinical Tools

- Questionnaires for staff, residents, families & support Teams
- Care Surveys
- Enquiries
- Internal/External Inspection Reports
- Complaints

Full evaluation due July 2016 but ...

“The training has been very beneficial – there is a change in mind set away from task orientation to looking for the needs , wants and desire of our residents”

“One of our residents who really has never been content was noted during Namaste session to have an empathy doll which she had on her knee and was seen to be chuckling and giggling with the doll”

“Namaste – what a wonderful intervention! The resident well being has increased , all the residents seem to have benefited but the most quantifiable is that all residents who are at high nutritional risk have gained weight. This is only noticeable since we embraced Namaste and this seems to have had a calming effect on both staff and resident”

Thank You for Listening

For further information please contact:

caroline.baker@barchester.com



@CarolineBaker11