Younger Onset Dementia Retreat:
A model for person centred residential respite

Presented by Siobhan Wilkins
Younger Onset Dementia Keyworker
Presentation overview

• Background
• Pilot Program
• Partnerships
• Program Model
• Needs & Engagement
• Evaluation
• Video
• Questions
Background: Barriers to using other respite

• Other residents are generally much older
• Activities targeted toward older people
• Environment of the facility
Partnerships

- Independent Living Centre (ILC)
- Silver Chain
- Red Cross
- National Respite for Carers Program (NRCP)
- Alzheimer’s Australia WA
- Juniper
- Younger Onset Dementia Keyworker Program
- Hakea
Pilot Program

• Pilot was run in 2011/2012
• Addressing gap in service provision for YOD consumers
• Designed to better meet the needs of people living with YOD
• Facilitated by two (2) support workers
Program Model

• Core principles used to inform both pilot and current program
• Fostering autonomy and empowerment
• Person-centred approach
• Opportunities for meaningful occupational engagement
• Spontaneity
• Dignity of risk
• Home-like environment
• Strong sense of community & mateship
Needs & Engagement Model

Person

- Autonomy, Empowerment and Dignity of Risk
- Supportive, Home-like Environment
- Meaningful Occupational Engagement
- Social and Community engagement
- Spontaneity
Evaluation

• Evaluation of the program is in the early stages
• Preliminary results indicate effectiveness of the respite model
• Feedback from staff, clients and their families is informing the evaluation process and has so far been extremely positive
Questions