10 Dementia Care Actions: Transforming Dementia Care in Acute Hospitals in Scotland

Ruth Mantle
Alzheimer Scotland Dementia Nurse Consultant
NHS Highland
Churchill Fellow of 2015
Strategic Drivers

- Scotland’s National Dementia Strategies
- Standards of Care for Dementia in Scotland
- Promoting Excellence- framework for health and social services staff
- Charter of Rights
Challenges in an Acute Hospital

- Hospitals pose greater risks for people living with dementia:
  - Malignant Social Psychology
  - Twice length of stay (Draper 2011)

- Noisy, stressful, unfamiliar, cause distress

- Difficult to communicate needs effectively with staff

- Independence and autonomy eroded

- Poor outcomes
Shifting the Paradigm (Simmons, 2014)

Negative Paradigm

- Don’t get stuck in older person’s care
- Not that skilled
- ‘Why are they here’?
- I did not train to do this
- We need more dementia specialist units
- We’re too busy for this
Shifting the Paradigm (Simmons, 2014)

New Paradigm

- Caring for People living with dementia and older people IS acute care and highly skilled
- Dementia, depression & delirium in the older person is common
- We all need skills & confidence in dementia care
- We can provide quality care in-situ
## 10 Dementia Care Actions

1. Identify a leadership structure within NHS Boards to drive and monitor improvements
2. Develop the workforce against the *Promoting Excellence KSF*
3. Plan and prepare for admission and discharge
4. Develop and embed person-centred assessment and care planning
5. Promote a rights-based and anti-discriminatory culture
6. Develop a safe and therapeutic environment
7. Use evidence-based screening and assessment tools for diagnosis
8. Work as equal partners with families, friends and carers
9. Minimise and respond appropriately to stress and distress
10. Evidence the impact of changes against patient experience and outcomes
Leadership to drive forward improvements

- Aim is for each Health Board in Scotland to have a Dementia Nurse Consultant

- 4 Dementia Allied Health Professional Consultants with a National role

- Supported by funds from Alzheimer Scotland and the Scottish Government

- Post objectives – set by a “memorandum of agreement” drawn up between Alzheimer Scotland and local Boards

- 600 Dementia champions by September 2015
Our values into actions
promoting excellence in dementia leadership

“Together we all make a difference.”

Our Vision Statement

We have worked together as Nurse and Allied Health Professions leaders in dementia care to develop our shared vision for dementia services in Scotland.

It is this vision that binds us, underpins our practice and will support us as colleagues and as a national group of dementia leaders.

To develop our vision we first reflected on Scotland’s National Dementia Strategy and our roles and remits. These clearly convey the strategic direction for dementia care and define the key measures of success.

We then spent time exploring the real human value that underpins the strategy and our roles and affirmed and confirmed our shared values and guiding beliefs.

We have combined our strategic intentions, our values and beliefs into this vision statement which we hope will continue to inspire and energize ourselves and others.

I.N.S.P.I.R.E.D about dementia

Influencing attitudes

Non-judgemental (challenging stigma)

Supporting carers as key partners

Person-centred care and values

Integrating care and working together

Respectful & will uphold the person’s dignity and rights at all times

Education, knowledge and skills

Dementia in Scotland – Creating World Class Services

Our vision is of a world class dementia service across Scotland that puts the person living with dementia, their families and carers at the heart of everything we do.

As a national group of dementia leaders we will work in partnership and within a whole system of care, delivering integrated approaches that respect the rights of the individual.

By raising awareness, influencing and educating the public and workforce, sharing our skills and knowledge we will create a culture of mutual support and learning which will dispel myths, change attitudes and build a culture of humanity and compassion.

Creating this world class dementia service across Scotland is our passion.”

The National AIRP Consultants for dementia, the Alzheimer Scotland Dementia Nurse Consultants and Dementia Nurse Specialists
We want to get to know you

We want you to have a good experience when you are in our care

Completing a personal profile (e.g. ‘Getting To Know Me’) and bringing it with you when you into our service.

We will:
Treat your information with respect and keep it in a safe place.
Make sure we give it back to you when you leave our service.

If you don’t already have a personal profile, you can find ‘Getting To Know Me’ online at:

http://www.scottishcare.org/docs/037_280_gettingtoknowme_1369954145.pdf

Or ask a member of staff involved in your care to provide you with a copy.

Helping your Health and Social Care Teams to give you a better experience.

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Thanks for listening

www.cultivatingconnectionsindementia.com

ruth.mantle@nhs.net

@ruth_mantle

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