

MOBILE RESPITE TEAM

Bega Valley

Community Respite

– working outside the Box

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June Madden**
Care Support Workers
Alzheimer's Australia NSW

2015



Reduce
Stigma

Self Determination

Individual Capacity
Building

Two staff working with
the care partner and
person living with
dementia simultaneously

Peer Support

Enhancing
Communication
& Relationship
Skills

Personalised
Education and
Support,



**Mobile
Respite
Team**

Enhancing
wellbeing and
Quality of Life

Supporting Transitions



FINAL EVALUATION REPORT

MOBILE RESPITE TEAM BEGA VALLEY, SOUTHERN NSW

Samantha Abbato and Associates
January 2014

TALKING ABOUT ALZHEIMER'S
ACROSS AUSTRALIA
FIGHTDEMENTIA.ORG.AU



EVALUATION FINDINGS



Delayed institutionalisation



Subjective wellbeing



Satisfaction with caring ability & knowledge



Social support



Morbidity & mortality of the care partner



Care partner burden & depression



WHY DOES THE SERVICE WORK?

- **Person Centred, Flexible, Mobile Outreach**
- **Multi-component interventions**
- **Enablement / strengths based approach**
- **Simultaneous support of the Care Partner and the Person with Dementia**
- **Group and Individual support**
- **Enhances Community Connections & Support Networks**



THANK YOU!



**A copy of the full **Mobile Respite
Team Evaluation Report** can be
found at**

<https://nsw.fightdementia.org.au/nsw/research-and-publications/research>

