Dementia and Performance Art
A RESOURCE FOR COMMUNICATION, EXPRESSION AND PLAY
Communication-

STAYING INVOLVED AND ACTIVE, HAVING FUN, AND ENJOYING PLAY

**BEING INVOLVED**

Doesn’t always mean actively participating. The simple act of being in the presence of an activity can be enough.

**HAVING FUN**

Not everyone has the same sense of humour, and laughs at the same jokes. We can however all have fun and enjoy the moment.

**ENJOYING MEANINGFUL PLAY**

Engaging with others allows the activity to continue and take shape. Every moment of joy created has a ripple effect, even if it is not witnessed that day. Trust in the difference you have made.
COMMUNICATION

VERBAL AND NON-VERBAL, DOES IT MAKE A DIFFERENCE?

VERBAL
Communication made with words. This doesn’t mean that it has to be serious words, though it must always have integrity and sincerity.

NON-VERBAL
Communication between people that is not spoken. Can be mistaken for just body language, however it also encompasses tone of voice, actions and playfulness.

PUTTING IT TOGETHER
Not all of what is meant is said, but that’s ok. Play, even as an adult it’s fun! Spontaneity and imagination can be useful tools.
Mind the Change Inc.
Thank you for your time today
for more information please visit

mindthechangetheatredevelopment.blogspot.com.au

or contact us
Email: mindthechange@yahoo.com.au
PH: +61438326327