

mind the Change inc.



Dementia and Performance Art

A RESOURCE FOR COMMUNICATION, EXPRESSION AND PLAY



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Communication-

STAYING INVOLVED AND ACTIVE, HAVING FUN,
AND ENJOYING PLAY

BEING INVOLVED

Doesn't always mean actively participating. The simple act of being in the presence of an activity can be enough.

HAVING FUN

Not everyone has the same sense of humour, and laughs at the same jokes. We can however all have fun and enjoy the moment.

ENJOYING MEANINGFUL PLAY

Engaging with others allows the activity to continue and take shape. Every moment of joy created has a ripple effect, even if it is not witnessed that day. Trust in the difference you have made.



Communication-

VERBAL AND NON-VERBAL, DOES IT MAKE A DIFFERENCE?

VERBAL

Communication made with words. This doesn't mean that it has to be serious words, though it must always have integrity and sincerity.

NON-VERBAL

Communication between people that is not spoken. Can be mistaken for just body language, however it also encompasses tone of voice, actions and playfulness.

PUTTING IT TOGETHER

Not all of what is meant is said, but that's ok. Play, even as an adult it's fun! Spontaneity and imagination can be useful tools.



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CHALLENGING DEMENTIA BY ENCOURAGING THE DEVELOPMENT OF CREATIVE MINDS

Thank you for your time today
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