A 24 hour a day nostalgia radio station
Music and entertainment from about the 1920s to 1950s

No advertisements, no news, no talkback - just great memories
Listening to Silver Memories helps address –

Social isolation
Loneliness
Depression

‘The loneliness has gone, the boredom has gone, all I enjoy is lovely music.’
Silver Memories listener, UQ Research 2009

‘I look forward to it each day, it has made such a difference in my life’
Silver Memories listener, UQ Research 2009

‘Silver Memories lifts my spirits every day – I couldn’t do without it’
Silver Memories listener, Brisbane 2014
Silver Memories improves wellbeing and quality of life

‘significant improvement in participant’s quality of life’
Dr Catherine Travers, UQ Research 2009

‘Listening to Silver Memories Mum feels so much better in herself’
Silver Memories listener, Brisbane
Listening to Silver Memories addresses the effects of dementia

‘Thanks to Silver Memories I have my wife back and I have my life back’
Husband of a lady living with dementia, 2011

‘After many years of not communicating, she spoke after listening to Silver Memories’
Nurse talking about resident, Archbishop Duhig Aged Care Home, Brisbane 2012

‘Dad is a lot more settled listening to Silver Memories’
Daughter of man living with dementia, 2012
Silver Memories reduces agitation and wandering - a non-pharmacological approach

‘Mum stayed listening to Silver Memories, it held her attention, she was much calmer’
Daughter of Silver Memories listener 2014

‘Staff at the facilities reported that Silver Memories had a calming effect on residents with dementia’
Dr Catherine Travers, UQ Research 2009

‘Already showing signs of reducing anxiety and bringing a sense of calm, inner peace for listeners in the special wing. Thanking you.’
Lifestyle Activities Officer, Benevolent Aged Care, Rockhampton, 2014
Silver Memories is based on the principles of Reminiscence Therapy

‘Music has long been known as a good therapeutic intervention in depression in older adults. The Silver Memories service goes beyond this – its programming provokes reminiscences in people with dementia’

Andrew Lowndes, Memories Researcher, Caledonian University Glasgow. 2012
Silver Memories is endorsed by Alzheimer’s Australia (Qld)

and

Australian Medical Association (Qld)

And used by the Dementia Behaviour Management Advisory Service (DBMAS)

‘Through the use of Silver Memories for music reminiscence therapy, our staff has found the service valuable in achieving positive outcomes for those living with dementia, their carers and families.’

Victoria Beedle, CEO, Alzheimer’s Australia Qld.
As of April 2015, Silver Memories has been installed in 50 aged care homes, in Queensland, New South Wales and Victoria.

Available Australia wide by satellite since 2014.

Photo: Chris Ison / The Morning Bulletin
Silver Memories programs in the regular schedule include –

Singalong with Suzie
Our Favourite Hymns
Peter Weston Remembers
The Village Music Hour
Radio serials
... and much more
Silver Memories Activity Resource Kit for Diversional Therapists to maximize the benefits of Silver Memories
Developed with support from –

The John Villiers Trust
Viertel Charitable Foundation
Community Benefit Fund
The Wicking Trust
Tim Fairfax Family Foundation
Ian Potter Foundation
Vincent Fairfax Family Foundation
QGC
FRRR
Buderim Foundation
Department of Social Services
Brisbane City Council
Queensland Government
Low cost installation

Annual subscription fee

Installed in common rooms or fed to rooms via television sets
To hear a sample of Silver Memories go to 4mbs.com.au
For costings email Gary Thorpe or Peter McCahon at
silvermemories@4mbs.com.au

or

Phone: (07) 3847 1717