THE EDEN ALTERNATIVE COMMUNITY COTTAGE APPROACH TO SHORT TERM RESPITE
Demographics

• Lower Great Southern 650 people with dementia and growing.
• Client group - from regional WA
How we implement services at Hawthorn House

- **Aim:** To enhance well-being and provide support to people living with dementia in the Great Southern region

- **How:** by providing a person centred environment utilising the Eden Alternative principles
The Dementia Community Resource Hub Approach

- Community Awareness
- In-Home Services
- Day & Over Night Respite
- Carer Support
- Family & Professional Education
- Information and Resource Centre
About Hawthorn House

• Purpose built home with an enabling environment
• Set in bushland and overlooking a farming property.
• Guided by the 10 Eden Principles
• Fully registered Eden Day Club
Overnight Short Stay Respite

- Clients can transition in though the many programs
- Sense of community-ownership
- Relationships develop and companionship is fostered.
Overnight Stays

• 2 bedrooms = 2 clients + 1 staff member
• Client support plan developed with the client/family to reflect the overnight stay= at home routine
• Client-staff profile matching
Designing an Eden Environment at Hawthorn House

- Designed using enabling dementia design principles
- Utilises Assistive technology
- Chicken coop
- An orchard & Vegie gardens
- Men’s shed
- House dog
- Fishpond
- Adjacent to farming area with cows and hundreds of kangaroos
By creating a human habitat

**Loneliness** is remedied by friendship and social interaction

**Helplessness** is remedied by feeling useful

**Boredom** is remedied by welcoming variety and spontaneity