Resilience, Hope and Recovery:
A wellness model for men experiencing behaviours of concern

Peter Bewert
Executive Manager Care Services
Overview

• Who is The Salvation Army Aged Care Plus?
• The Australian story in aged care
• Exploration of three key areas:
  1. A multidimensional approach to care delivery
  2. Traditional behavioural management vs the wellness alliance
  3. Benefits of the wellness alliance
Our purpose

Inspired by the message of Christ, our mission is to serve all Australians in practical and tangible ways. Each of us has a heart for people - a deep and powerful need to care for others. We understand accepting care is an emotional and challenging time. We welcome, support and guide all people and their families - to become part of our family - where they have freedom and can be themselves.

The care we provide goes beyond the physical to ensure our residents and clients are healthy, comfortable and above all, loved. We respect each individual and the rich lives that they have led, so our care is centred around their needs and preferences, not ours.
Our vision

We have an uncompromising commitment to all Australians – to create a loving home and family environment which enhances their health and spiritual well-being.
Wellness models for persons with Dementia and mental Illness:

Fact or fallacy?
A multidimensional approach to care

Your true self is pure, infinite spirit. Spirit isn’t something outside you, but intertwined in everything you feel, think and do (Chopra: 2013)

• Chaplaincy and spiritual support
• Psychiatry, Psychology and Geriatric support
• Department of Justice and Office of The Adult Guardian
Medical Support Framework
Traditional behaviour management

- Behaviour
- Outcome
- Intervention (reactive)
Building contentment: a wellness alliance

Emotional awareness

Contentment

Emotional connectivity
Benefits of a wellness alliance

• Definition of individual values
• Achieving a balance between dependence, interdependence and independence
• Focusing on capabilities, not deficits
• Fostering a shared understanding about what is important in the residents day-to-day life, their current situation and the future they desire.
The meaning of life

Ultimately meaning in life is central to who we are as individuals. It includes finding intimacy with the concept of “god”, people around us, it transcends loss and disability, focuses on finding meaning and hope within our everyday existence. (MacKinlay: 2001)
Thank you
Any questions?