Dementia Friendly Communities

A practical guide to transformation

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www.LivingDementia.com
Three-Month Project

Project Implementation Schedule

- Care Huddle Begins
- Staff Email
- Communication Book
- Staff Leading Care Huddle

Communication and Team Work
- Questionnaire
- RN-LPN Review
- RN Full time

Staff Satisfaction
- Remove Med Cart
- Begin Dining Room Experience
- End Evaluate Forung & Present

Dining Room
- Care Wheel on carts
- Lounge TV Removed
- Supply Cabinets
- Pet Survey
- Quiet Room

Living Space
- Care Wheel
- Bulletin Board
- Quiet Room

Education
- Questionnaire
- Family Meeting
- Education Cabinet
- Evaluate Dining Experience
- Family Celebrate

Family

Jun
Jul
Aug
Sep
Project Components

• Communication and team building
• Dining: the person-centered way
• Enhance care and safety
How does transformation happen?

People
Passion
Persistence
Person-Centered Environment

care partner
(professional, family)

person-centered
environment

person
with dementia

different people - different needs - creative solutions
Key Recommendations

Persons with dementia quality of life

Intervention
• person-centered care

Life Style
• independence
• offer choices
• promote dignity

Behavior Outcomes
• calm
• peaceful
• relaxed
Key Recommendations

Care partners’ quality of life

Intervention
• person-centered care

Work Load
• time effective
• autonomy
• decision making
• team building

Emotional Outcomes
• bonding
• respect
• less stress
• job satisfaction
Communication and Team Work

- Care huddle-problem solving, team-building, a teachable moment
- Collaborative – pool resources
- Interdisciplinary
- Care Wheel
What is the Care Wheel?

- Circular Chart
- Information about persons with dementia
- Describes the care path
Why do we need it?

• Person-centered care

• Keeps person as independent as possible

• Partners family with professional
Dining Room

- Medication trolley
- Dining room experience
- Low-cost solutions
- Objective data – weight gain
“The person with dementia may be experiencing changes, such as decreased appetite . . . . . this may be a result of certain medications or food-medication interactions.”

NIH on Aging, Dec. 1, 2006
We must stop the task orientation, getting everyone up in the morning, feeding them when they are not hungry, dispensing medications from a trolley. Care partners need to make time for being with the person with dementia.
Reshaping the Landscape

- Maintain self-esteem
- Quality of life
- Encourage independence
- Decreased agitation
- Staff satisfaction
The End Holds the Beginning

The future of person-centered care is bright

Aging adult & their care partner is valued, honored, & respected
Implementing Change in a Special Care Unit Environment

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