Culture Change Toward Person-Centred Care in Canadian Long Term Care Homes: Sharing what’s working!

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Conflict of Interest Disclosure
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Has no real or apparent conflicts of interest to report.
Alzheimer Society of Canada’s Goal:

That a person-centred approach to care of people with dementia is the norm in long term care homes in Canada – rather than the exception.
A Typical Conversation about Long Term Care
Phase 1

Alzheimer Society of Canada

Guidelines for Care: Person-centred care of people with dementia living in care homes

Full document available for download from the health care professionals section of the Alzheimer Society’s website

www.alzheimer.ca/culturechange.
Phase 2: Exploratory Qualitative Research in 6 LTC homes

• Steering Committee formed- focus on how to put person-centred care into practice

• Exploratory qualitative research in 6 LTC homes across Canada to learn HOW person centred care is being put into practice in Canadian LTC homes
What did we learn?

• Different paths and approaches - different settings and challenges to providing person-centred care

• Some common approaches...
7 Key Elements to Person-Centred Care.
We call them:

PC

P. E. A. R. L. S™!
PC PEARLS

- Person and family engagement
- Care
- Processes
- Environment
- Activity/Recreation
- Leadership
- Staffing
Phase 3: What’s Next?
To learn more about our PC P.E.A.R.L.S.™ visit the Alzheimer Society of Canada’s website at:

www.alzheimer.ca/culturechange

or

www.alzheimer.ca/changementdeculture
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