ART THERAPY FOR DEMENTIA PATIENTS

Drawing With Reflection and Deep Feelings

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Mme A

- 92-year-old woman with Mild to Moderate AD
- Lives in a dementia care center
- Her Symptoms include:
  - Memory Impairment, Disorientation,
  - Cognitive impairment,
  - Declining language and communication capacities
The Goal of Therapy

- Reinforce the sense of Being
- Enhance the expression of feeling
- Improve the self-affirmation
Colouring Mandala at different times

Jan 2009
March 2009
Dec 2009
Change the strategy of art therapy

Group Art Therapy / Colouring Mandala

Personalized Art Therapy / Drawing with reflection and deep feelings
How do you feel now?

What would you like to draw?
Supportive conversation

Encouragement

Empty Mind

Blank Paper

Anxiety
I finally can do something.
I’m not a person who has nothing.
<table>
<thead>
<tr>
<th><strong>Drawing her painting</strong></th>
<th><strong>Review and make the comment of work</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Verbal expression</strong></td>
<td><strong>Verbal expression</strong></td>
</tr>
<tr>
<td><strong>Beginning &amp; Halfway</strong></td>
<td>I want to draw something different and unique.</td>
</tr>
<tr>
<td><strong>Pointing at the flower on the upper left</strong></td>
<td>This flower is beautiful, and I want to draw one more which is similar to it.</td>
</tr>
<tr>
<td><strong>Drawing circles around the human figure.</strong></td>
<td>Doing this is because I want to make the figure more prominent.</td>
</tr>
<tr>
<td><strong>Pointing at the blank on the right.</strong></td>
<td>'Here is blank, looks a bit weird. But, I do not know what to draw?' I suggested her to draw what 'Mme A' looks like. She agreed and made it.</td>
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<tr>
<td><strong>Comment</strong></td>
<td><strong>Comment</strong></td>
</tr>
<tr>
<td><strong>Pointing her finger at the flower and head.</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Pointing at circles.</strong></td>
<td></td>
</tr>
</tbody>
</table>
The Death of her only daughter

The lonely feeling

Difficult childhood
Conclusion

- Power of Art
- Emotional Memory
- Quality of Life
Q & A